



# Award winning online mental health & de-escalation training for law enforcement professionals

In Collaboration with ProTraining, NU FRDAT is offering a new course to increase safe interactions between law enforcement & those who have mental health issues. Using interactive scenarios this course engages officers at critical decision points to demonstrate how responses and behaviors can defuse an interaction, improve a subject's cooperation, and decrease the need for force.



## The Course

- 90 minutes online
- Instant access
- Based on scientific research
- Approved for POST credit in Alaska & Montana (others coming soon)
- Created by an International Advisory Board of police officers, mental health professionals, adult educators & those with mental health lived experiences

## Benefits

- Decrease Liability, Mitigation & Use of Force
- Increase Safe Interactions & Officer Confidence
- Interactive, Engaging & Cost Efficient
- Platform includes a facilitators area to oversee your officers progress
- Developed as a stand alone course, as yearly refresher training or as a pre-requisite before Crisis Intervention Team (CIT) training

## Learning Objectives

- De-escalation & Non-escalation strategies
- Verbal & Non-Verbal communication techniques
- Portraying Empathy
- Interacting with those that are threatening, uncooperative or unresponsive
- Strategies for follow up and prevention of reoccurrence



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